



The Rockefeller University Hospital and Center for Clinical and Translational Science

The Rockefeller University Hospital, founded in 1910, has been the site of important scientific and medical discoveries, including many that have led to Nobel Prizes. In 2006, The Rockefeller University received a Clinical and Translation Science Award from the National Institutes of Health, which helps to support the Center for Clinical and Translational Science (CCTS).

The mission of The Rockefeller University CCTS is to accelerate the discovery of new knowledge about human health and disease and to translate those discoveries into health practices that help people. For more information about Discoveries Advancing Medicine and Pioneering Discoveries at Rockefeller University visit www.rockefeller.edu.

Study Categories:

- Addictive Disorders
- Blood Disorders
- Cancer
- Diabetes
- Hepatitis
- HIV & AIDS
- Kidney Disease
- Neurological Disorders
- Obesity & Weight Loss
- Olfactory (Smell)
- Psoriasis & Skin Disorders

FOR MORE INFORMATION

Contact us at 1-800-RU-CARES or www.RUCARES.org.



THE ROCKEFELLER UNIVERSITY HOSPITAL

CENTER FOR CLINICAL AND TRANSLATIONAL SCIENCE

Clinical Research

at The Rockefeller University
Hospital and Center for Clinical
and Translational Science

DISCOVERIES ADVANCING MEDICINE



What is clinical research?

Clinical research studies are experiments designed to develop new understanding of health and disease. Some studies are designed to develop new treatments. When patients and healthy volunteers join a clinical research study or clinical trial, they become partners with the research team. Advances in medical science depend on this partnership of scientists and research volunteers; without which, medical science could not advance.

Who are clinical research participants?

Research participants are volunteers who:

- May be healthy
- May be affected by a disease or disorder
- May have friends or family affected by a disease or disorder
- May benefit directly from the research
- May not benefit at all from the research
- Are curious about clinical research
- Seek the income from a study that pays eligible participants to enroll
- Would like to help advance science

Do volunteers have to stay overnight?

Participants enrolled in **Outpatient studies** generally do not stay overnight. Participants enrolled in **Inpatient studies** have to sleep in the hospital for one or more nights.

How do I know if clinical research is right for me?

Volunteering in clinical research is an important personal decision that should be made free of pressure from others. Before you take part, you should understand what the study is about, and decide if it is right for you. Questions you should ask are:

- What is the purpose of the research?
- Do I qualify to be in the study?
- What kinds of tests or treatments will be done?
- What are the risks involved?
- Are there benefits?
- What are the side effects, if any?
- How much time it will take?
- How is my safety protected?
- What happens if I want to leave the study before it's over?

What if I change my mind?

Your participation in a study is completely voluntary, which means you may leave a study, at any time, for any reason. If you choose to leave a study early, it will not affect your ability to participate in future research. The Institutional Review Board (212-327-8410) and Clinical Research Support Office (212-327-7709) are among the resources developed to protect the rights and safety of research participants.

How can I volunteer for clinical research at The Rockefeller University Hospital and Center for Clinical and Translational Science (CCTS)?

At The Rockefeller University Hospital and CCTS, volunteers can take part in clinical research studies covering a wide range of diseases and conditions. The rules for eligibility vary from one study to the next. If you are interested and would like to learn more, contact The Rockefeller University Hospital recruitment office at **1-800-RU-CARES (782-2737)** or visit www.RUCARES.org.

Interpreter services are available 24 hours a day/7 days a week in many languages for non-English speaking research volunteer/participants.